

MARRIED AND *Loving It!*



Participants can be active duty :

Singles / Engaged Couples / Married /
Considering Marriage / Remarriage /

Married and Loving It!

Pre-Registration is Required

**Please pre-register by
September 8, 2015.**

Class size limited

**Minimum of 2 couples and a
maximum of 4 couples.**

Call (229) 639-7553 to register

Class #1

Communication: Words to Live By

Characteristics of strong families and keys to communication are presented along with love languages.

Class #2

Finances: Freedom or Fiasco? Couples develop a financial action plan and are given the opportunity to develop a budget for a hypothetical couple using the bean game.

Class #3

Madly in Love: Sources of anger are illustrated by the use of a tree. Three main sources are identified as class participants review case studies.

Class #4

Conflict: For Better or For Worse? Anger management, conflict resolution, and confronting issues with confidence are viewed through "Other People's Problems."

Class #5

Marriage...A Daily Affair

Daily decisions of task allocation, time management, and in-law relationships can strengthen the marriage or gradually erode the relationship

Class 1-2 will be offered:

Sept 14 ~ 11:30 a.m. – 1 p.m.

Class 3-5 will be offered:

Sept 21 ~ 11:30 a.m.-1 p.m.

Location: Building 7260

**Prevention, Education and
Counseling Center**

Through interactive classes participants will learn new skills to increase their commitment to each other while learning how to sustain a vibrant and happy marriage.